

## Mr. Carr's Study Habits Checklist

The keys to success are setting goals and establishing healthy habits to achieve them. Good homework/study skills, coupled with positive relationship skills, help students to achieve in school and in life. Below are statements related to positive school skills. Circle a number for each statement: one (1) for almost never, two (2) for sometimes, or three (3) for almost always.

- I smile and greet fellow students and adults. (1) (2) (3)
- I have a regular time that I do my homework. (1) (2) (3)
- I start with the subject I like least and save my favorite for last. (1) (2) (3)
- I study in a quiet place away from interference such as talking, TV, or loud music. (1) (2) (3)
- I make sure I have all materials I need before starting my homework projects. (1) (2) (3)
- My goal is to complete all homework assignments as neatly as possible and on time. (1) (2) (3)
- On tests, I do every question and fill in every blank, even if I'm not sure of the answer. (1) (2) (3)
- I am well organized. I keep all my notes and papers in secure folders. (1) (2) (3)
- I participate in class discussion and listen attentively. (1) (2) (3)
- I use test taking study techniques such as making up possible questions or practicing questions with a parent or friend. (1) (2) (3)
- I plan ahead for long term projects, setting step deadlines. (1) (2) (3)
- I come to school each day determined to do the best I can do on my work and to be as nice as I can be to everyone I see. (1) (2) (3)

Check your answers. If you have mostly threes and some twos, you are probably doing well in school. If you have a number of ones, think about making changes.

*Special thanks to Mr. Joe Carr, Guidance Counselor, Westerville City Schools.*